

# BEYOND PICU

PICOLO Network's quarterly newsletter



## WELCOME TO PICOLO!

It is with great excitement that we launch the first PICOLO newsletter. PICOLO is a network of multidisciplinary researchers, clinicians and educators from Australia and New Zealand with a focus on improving the health and well-being of children and families following paediatric critical illness. Our aim is to undertake research to improve our understanding of post intensive care syndrome in children. This research can then inform models of care and resources for this vulnerable

population. We encourage you to engage with our network and work so that we can work collaboratively to improve paediatric intensive care (PICU) survivorship.

## STAFF PROFILE

Associate Professor Debbie Long is a nurse with over 20 years experience in the PICU. She has been researching PICU treatments and their relationship to outcomes, with a focus on long-term outcomes, since 2004. In 2018, she was awarded a prestigious Churchill Fellowship to further explore PICU long-term outcomes with a view to develop and implement new pathways of care in Australia. Debbie is the founding member of PICOLO, recognising the need to bring together a broad group of individuals in acute and primary health care to increase the understanding and support for post

intensive care syndrome in children.



## THIS MONTH'S BLOG

### "Looking after yourself as a parent/caregiver"

By Dr Belinda Dow, Paediatric Neuropsychologist, PhD.

In her blog, Dr Dow explains some of the challenges parents and caregivers face when having a child admitted to PICU. She provides practical advice on how parents/caregivers can look after themselves during this difficult time. You can read the full article on our website [www.picolo.org/blog/looking-after-yourself-as-a-parent-caregiver](http://www.picolo.org/blog/looking-after-yourself-as-a-parent-caregiver)

# NEWS

## Thinking of doing a PhD or MPhil?

Associate Professor Debbie Long and Dr Isabel Castillo from QUT (Queensland University of Technology) and PICOLO Network are happy to support students looking to undertake research on Long-Term Outcomes after PICU.

## Scholarships available!

## Get in touch!

More info:

<https://www.qut.edu.au/research/study-with-us/phd>



Paediatric Intensive Care  
Optimising Long-term Outcomes

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A/Prof Debbie Long



Dr Isabel Castillo

## Get in touch!

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[www.picolo.org](http://www.picolo.org)



# GP SURVEY

## We are seeking your participation in a GP Engagement Survey

We invite you to participate in a survey on your perceptions of looking after children following a PICU admission utilising a shared care pathway.

This survey has received ethical clearance from Children's Health Queensland.

Completion is voluntary and anonymous, and should take no more than 5 minutes to complete. You will find the survey in the link below. Thanks!

<https://www.picolo.org/research/gp-survey>